

THE CLASSICS

\$8/\$11

M L

BEAUTY BOMB

STRAWBERRY POMEGRANATE

COLLAGEN

ANTIOXIDANTS

ENERGY



\$8/\$9

M L

HYDRATE

ORANGE

ELECTROLYTES

HYDRATION

ENERGY



\$9/\$11

M L

GET WELL SOON

MANDARIN ORANGE

VITAMIN C

ECHINACEA

IMMUNE BOOSTER

ENERGY



\$10/\$11

M L

SPRING DRINK

PEACH MANGO

15G PROTEIN

COLLAGEN

ENERGY



\$10/\$11

M L

PINK DRINK

POMEGRANATE

15G PROTEIN

COLLAGEN

ENERGY



WHEY
PROTEIN
ECHINACEA
ELECTROLYTES
VITAMIN C
B, B1, B2, B3, B5, B6, B7, B12
ANTIOXIDANTS
COLLAGEN
IMMUNITY
HYDRATION

P PROTEIN

CAFFEINE FREE

\$9/\$10

M L

TANG

ORANGE MANGO
OR LEMON

VASCULAR, HEART &
BRAIN SUPPORT



\$9/\$10

M L

PINK REFRESHER

WILD BERRY POMEGRANATE

15G PROTEIN

COLLAGEN



\$8

M ONLY

BETTER DAYS

MANDARIN ORANGE

HYDRATION

VITAMIN C

ZINC



\$9/\$10

M L

SPRING REFRESHER

PEACH MANGO

15G PROTEIN

COLLAGEN



\$7

M ONLY

COLLAGEN REFRESHER

STRAWBERRY ORANGE

HYDRATION

COLLAGEN



WHEY
PROTEIN
ECHINACEA
ELECTROLYTES
HERBAL ALOE
VITAMIN C
COLLAGEN
IMMUNITY
HYDRATION

WORKOUT

\$11/\$12

M L

HIGH OCTANE

WILD BERRY
OR TROPICAL

PRE WORKOUT

HYDRATION

15G PROTEIN



\$7

M ONLY

RECHARGE ME

ACAI BERRY
& GREEN APPLE

HYDRATION

BCAA



\$9

M ONLY

HYDRO FIT

ORANGE BLUE RASPBERRY
OR TROPICAL FRUIT

HYDRATION

CREATINE

CAFFEINE



\$12

L ONLY

THE PUMP

BLACKBERRY
& GREEN APPLE

HYDRATION

BLOODFLOW

CREATINE

CAFFEINE

BCAA



\$9

M ONLY

REGULAR
POST WORKOUT SHAKE

CHOOSE ANY
SHAKE FLAVOR

33G WHEY PROTEIN

31G CARBS + 2.5G FAT



\$9

M ONLY

LOW CARB
POST WORKOUT SHAKE

CHOOSE ANY
SHAKE FLAVOR

33G WHEY PROTEIN

15G CARBS + 2G FAT



\$11

M ONLY

HIGH PROTEIN
MUSCLE BUILDER SHAKE

CHOOSE ANY
SHAKE FLAVOR

50G WHEY PROTEIN

36G CARBS + 4G FAT
+ 5G CREATINE



WHEY
PROTEIN
AMINO ACIDS
ELECTROLYTES
HERBAL ALOE
VITAMIN C
PRE WORKOUT
RECOVERY
HYDRATION

BOOSTERS

1. ALOE (CRANBERRY, MANDARIN OR MANGO)	SUPPORTS HEALTHY DIGESTION	\$2.00
2. COLLAGEN	SKIN ELASTICITY, HEALTHY HAIR & NAIL AND JOINT SUPPORT	\$3.00
3. HYDRATION (ORANGE OR ACAI BERRY)	ESSENTIAL ELECTROLYTES, CARBOHYDRATES + VITAMINS C & E	\$3.00
4. LIFTOFF	SUPPORTS BRAIN FUNCTION & MEMORY RECALL, INCREASES METABOLISM + VITAMINS C & ENERGY SUPPORTING B VITAMINS	\$3.75
5. BOBA	FRUIT JUICE FILLED BALL WITH SEAWEED CASING	\$1.50
6. PROBIOTIC	BALANCES GOOD & BAD BACTERIA IN GUT	\$2.00
7. BEST DEFENSE	SUPPORTS IMMUNE FUNCTION WITH ECHINACEA & 1,000MG VITAMIN C + 8MG ZINC	\$3.00
8. IMMUNITY ESSENTIALS	EPICOR (MULTIVITAMIN FOR YOUR IMMUNE SYSTEM), VITAMINS C & D & ZINC	\$3.00
9. NITWORKS	SUPPORTS HEALTHY BLOOD PRESSURE, HEART, BRAIN & VASCULAR FUNCTION	\$3.25
10. BEVERAGE MIX (WILD BERRY OR PEACH MANGO)	15G WHEY PROTEIN	\$3.50
11. ENHANCED PROTEIN POWDER	12G WHEY PROTEIN + AMINO ACIDS TO REDUCE MUSCLE SORENESS	\$2.50
12. FIBER (UNFLAVORED, TROPICAL OR APPLE)	PROMOTES REGULARITY & MINIMIZES BLOATING	\$3.00
13. VEGAN GREENS	ORGANIC BLEND OF FRUITS, VEGETABLES & SUPERFOODS	\$4.00
14. VEGAN IMMUNITY	DAILY IMMUNE SUPPORT, ANTIOXIDANTS + VITAMINS C & D	\$3.00
15. CREATINE	5G CREATINE MONOHYDRATE, INCREASES MUSCLE MASS WHEN COMBINED WITH STRENGTH EXERCISE	\$1.50
16. PREWORKOUT (TROPICAL MANGO OR WATERMELON)	SUPPORTS HEALTHY BLOOD FLOW, FOCUS, PERFORMANCE & MUSCLE STRENGTH	\$4.25
17. PROLESSA	BELLY FAT REDUCER & APPETITE SUPPRESSANT	\$6.50

WHEY
PROTEIN
ECHINACEA
ELECTROLYTES
VITAMIN C
B, B1, B2, B3, B5, B6, B7, B12
ANTIOXIDANTS
COLLAGEN
IMMUNITY
HYDRATION

KIDS CORNER

\$5/\$6
S M

BLUES CLUES

ORANGE
BLUE RASPBERRY



PAW PATROL

ORANGE
CHERRY



CLIFFORD

RASPBERRY
CRANBERRY



MINIONS

ORANGE
MANGO



HOTEL TRANSYLVANIA

GRAPE
ACAI BERRY



ELSA

BLUE RASPBERRY
ACAI BERRY



16.5G PROTEIN
21 VITAMINS
MINERALS

\$5







CHOCOLATE

HEALTHY SHAKES \$9

CONTAINS NUTS

01. FAT ELVIS

CHOCOLATE
PEANUT BUTTER
BANANA



02. SNICKERS

COOKIES & CREAM
PEANUT BUTTER
CARAMEL



03. CHOCOLATE PB
WAFFLE
CARAMEL
PEANUT BUTTER
CHOCOLATE



04. TURTLE
CHEESECAKE
VANILLA
CHEESECAKE
CHOCOLATE
PECANS



05. MONSTER
COOKIE

COOKIES & CREAM
WHITE CHOCOLATE
PEANUT BUTTER
OATMEAL



06. SCOTCHAROO

VANILLA
BUTTERSCOTCH
PEANUT BUTTER
CHOCOLATE



07. PB CHEESECAKE

VANILLA
PEANUT BUTTER
CHEESECAKE



08. CARAMEL NUT
ROLL

PRALINES & CREAM
CARAMEL
CINNAMON



09. BROWNIE
BATTER

CHOCOLATE
WHITE CHOCOLATE
CHEESECAKE



10. BANANA
CREAM PIE

VANILLA
BANANA



11. CAKE BATTER

VANILLA
WHITE CHOCOLATE
CHEESECAKE



12. ALMOND JOY

CHOCOLATE
COCONUT
ALMOND



13. ROOT BEER
FLOAT

VANILLA
ROOT BEER



14. CHOCOLATE
COVERED CHERRY

CHOCOLATE
ALMOND
CHERRY



15. STRAWBERRY
CHEESECAKE

STRAWBERRY
CHEESECAKE



16. SALTED
CARAMEL
MACHIATTO

SALTED CARAMEL
COFFEE



24G PROTEIN
240 CALORIES
21 VITAMINS
21 NUTRIENTS
0 TRANS FATS
0 CHOLESTEROL
VITAMIN A,C,E,K,B6,B12
POTASSIUM 190MG
MAGNESIUM - ZINC - COPPER
CALCIUM - IRON
15G CARBS
9G SUGAR

PROTEIN TEA \$13

15G WHEY
PROTEIN



FRUIT ROLLUP
CHERRY
STRAWBERRY



BLACKBERRY FUSION
BLACKBERRY
POMEGRANATE



BLACK PEARL
BLUE RASPBERRY
GRAPE



TROPICANA
PINA COLADA
ORANGE

12G CREAMY
WHEY PROTEIN



CREAMSAVER
PINK STARBURST
STRAWBERRY
VANILLA



PURPLE RAIN
WATERMELON
BLUE BLAST
CHERRY
VANILLA



BLUE DREAM
BLUE RASPBERRY
BLUE BLAST
VANILLA



CREAMSICLE
WHITE GRAPE
ORANGE
VANILLA

WHEY
PROTEIN
ANTIOXIDANTS
VITAMIN C
B, B1, B2, B3, B5, B6, B7, B12
COLLAGEN - HYDRATION
ENERGY

ASK ABOUT OUR
PROTEIN COFFEE



LIT TEA

\$6/\$8/\$9

118-203MG
CAFFEINE

#1 WATERMELON
SPLASH

WATERMELON
CUCUMBER



#2 AQUAMARINE

GREEN APPLE
BLUE BLAST
PINEAPPLE



#3 BIKINI BOTTOM

BLUE RASPBERRY
PINEAPPLE



#4 CUCUMBER
COOLER

BLUE RASPBERRY
CUCUMBER



#5 PIXIE DUST

PINK STARBURST
COTTON CANDY



#6 ARCTIC BLAST

BLUE RASPBERRY
BLACKBERRY



#7 HYDRO ELIXIR

ORANGE MANGO
BLUE BLAST



#8 ISLAND VIBES

COCONUT
MANGO



#9 CHERRY CANDY

RAINBOW CANDY
CHERRY



#10 TIE DYE

GRAPE
CHERRY



#11 BLUE
HAWAIIAN

BLUE BLAST
COCONUT



#12 GRAPE SUCKER

PINK STARBURST
GRAPE



BOOST IT!

DIGESTION



ALOE
CONCENTRATE
CRANBERRY
MANDARIN
MANGO
\$2.00

HAIR, SKIN
& NAILS



COLLAGEN
STRAWBERRY
\$3.00

CIRCULATION



NITWORKS
LEMON
\$3.25

HYDRATION



HYDRATE
ACAI BERRY
ORANGE
\$3.00



ORGANIC BLENDS

**VEGAN
PROTEIN SHAKE** \$6
CHOCOLATE
VANILLA



**HERBAL TEA
+ ALOE** \$6
RASPBERRY
CINNAMON
LEMON
PEACH
CHAI



**GREENS
BOOSTER**

CUCUMBER GREENS \$12
IMMUNITY GREENS \$8
COLLAGEN GREENS \$7
GREENS SHOT \$6



**DIGESTIVE
BOOSTER**

 DIGESTIVE COCKTAIL \$12
DIGESTIVE GREENS \$8
ALOE WATER \$4



**IMMUNITY
BOOSTER**

IMMUNITY GREENS \$9
COLLAGEN IMMUNE BOOST \$8
IMMUNITY SHOT \$3



 CONTAINS DAIRY & SOY

ALL ABOUT GREENS

GREENS
Greens Booster with choice of Aloe
(Mango, Mandarin, Cranberry) \$6

IMMUNITY
Greens Booster with Immune Support \$9

PROTEIN PEACH GREENS
Greens, Mango Aloe, Probiotic &
Peach Mango Beverage Mix (15G Protein) \$11

COLLAGEN GREENS
Greens + Collagen \$8

PINEAPPLE GREENS
Greens, Mango Aloe, Probiotic &
Pineapple Flavor \$9

PROTEIN BERRY GREENS
Greens, Cranberry Aloe, Probiotic &
Wild Berry Beverage Mix (15G Protein) \$11



CAFFEINATED GREENS

CUCUMBER GREENS
Greens, Mango Aloe, Lemon Tea,
Lime Liftoff & Cucumber Flavor \$12

TROPICAL GREENS
Greens, Mandarin Aloe, Lemon Tea,
Tropical Liftoff & Pineapple Flavor \$12

GREEN LIGHT TEA
Greens, Lemon Tea, Pom Liftoff, Mandarin Aloe,
Peach Mango Beverage Mix, Pineapple &
Watermelon Flavor (15G Protein) \$14

GREEN GODDESS
Greens, Hydration, Mandarin Aloe
& Orange Liftoff \$12

PROTEIN COFFEE

ICED COFFEE \$6/\$8
M L
• CARAMEL MACCHIATO
• HOUSE BLEND
• MOCHA



15G/22.5G PROTEIN - 100/150 CAL
2G/3G SUGAR

HOT COFFEE \$6
M ONLY

• CARAMEL MACCHIATO
• HOUSE BLEND
• MOCHA



15G PROTEIN - 100 CAL
2G SUGAR

SIGNATURE \$8/\$10
M L

• PEANUT BUTTER CUP
• CHOC CHIP COOKIE
• SEA SALT MOCHA
• CINNA-BUN
• CARAMEL BROWNIE
• SAMOA



15G/22.5G PROTEIN - 150/200 CAL
2G/3G SUGAR

FLOAT \$13
L ONLY

• CARAMEL BROWNIE
• SUGAR COOKIE
• S'MORES



39G PROTEIN - 300 CAL
11G SUGAR

WHEY PROTEIN
LOW SUGAR
LOW CARB
LOW CALORIE
CAFFEINE

